



Activity Leader - Seniors Mentoring Junior Chefs Program

FT Contract Summer Position 8 weeks

July 6th (latest) to August 31st, 2022.

\$20/hr

JOB DESCRIPTION & RESPONSIBILITIES:

- Provide leadership and coordination for our new mentoring program that will have seniors over 55 yrs of age creating a meaningful mentoring model where they will be selected, assessed and suitably matched with our Fanjoy Junior Chef youth aged 15-24 yrs.
- Working collaboratively with the senior mentors, you will further develop and adapt our current Junior Chef Culinary sessions to facilitate intergenerational interactions that build confidence, cooking skills, independent living abilities and communication.
- Assist at risk seniors and youth to engage more actively and purposefully in their communities.
- Working within our interdisciplinary team, you will conduct family and individual assessments to develop comprehensive treatment plans that will assist seniors to age in place longer when they are experiencing a wide variety of mental health concerns including depression, anxiety, dementia, bipolar disorder and emerging medical or mental disorders during aging that may not yet be diagnosed.

- The activity leader will provide practical, hands-on solutions in the best interest of the client , from their initial involvement with the client and their family during the intake and assessment process.
- Maintain accurate records according to your governing regulatory body and the Company's policies.
- Provide clinical family treatment and parent counselling with a wrap-around approach to care for transitional aged youth, 14-29 years of age.
- Develop new mentorship and culinary counselling programs that fit within our milieu therapy approach to reach "hard to service" and at-risk seniors, while also working with their families, including remotely on zoom and incorporating our milieu culinary programs to build practical life skills and improve seniors nutrition.
- With our interdisciplinary team you will assist to develop and pilot a 8 week psycho-educational program to reduce and mitigate the risk of seniors' financial abuse and/or suicide during COVID.
- Gather, track, assess and report clinical stats to inform program delivery and improvements.
- Collaborate with other community service and health care providers as needed to assist our clients with required case management services.
- Collaborate to develop our new Seniors meal plans and family therapy offerings to help seniors age well in place.
- Facilitate psycho-educational sessions as well as therapeutic groups for seniors struggling with mood disorders, eating disorders, concurrent disorders, or trauma issues particular exacerbated by the current pandemic and isolation.

- Competence in family therapy with a trauma informed is preferred and augmented with skills in Motivational Interviewing, Systems Theory, ACT and Cognitive-Behavioural Therapy.
- Requires registration in a governing regulatory college.
- 5 years minimum professional experience required in the field of Social Work, Nursing, Gerontology, Recreational Therapy, Culinary Arts or other related health care field.

*Fanjoy Cooking Up Change is a Not For Profit associated with the culinary social enterprise, Fanjoy Culinary + Wellness Centre who supports the development of their culinary and social programs being accessible to all, irrespective of financial ability to pay for services.